



**Energy in abundance.** Gain alertness and clarity without losing your calm, put your mind to the properties of OHM. Empty calories and artificial stimulants will lose all their appeal after you experience the natural energy OHM provides.

**Rich in resources for increased mental energy.**

OHM contains schizandra, rhodiola, and ginseng, all of which may help you increase your resistance to stress and enhance your mental focus. It also contains taurine, numerous B vitamins, and D-Ribose for even more punch.

**Energy when you need it.**

This proprietary formula also gives you physical energy when you need it and can help reduce the time it takes your body to recover from the strain of normal physical activity. The travel-friendly gel pack allows you to have easy access to that energy at your convenience. It all adds up to an essential resource for anyone engaged in the fast pace of today's modern world.\*

**For more information on Agel™ OHM, including benefits and supplement facts, go to [www.agel.com](http://www.agel.com).**

# Supplement Facts

**Serving Size:** 1 Packet (21g)

	Amount Per Serving	% Daily Value**
Calories	40	
Total Carbohydrates	9 g	3%
Sugars	7 g	†
Vitamin C (as ascorbic acid)	60 mg	100%
Thiamin (as thiamin hydrochloride)	0.75 mg	50%
Riboflavin (as riboflavin)	1.70 mg	100%
Vitamin B3 (as niacinamide)	20.0 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	2.0 mg	100%
Vitamin B12 (as cyanocobalamin)	18 mcg	300%
Pantothenic Acid (as calcium pantothenate)	10.0 mg	100%
Chromium (as chromium polynicotinate)	60 mcg	50%
Vanadium (as vanadium citrate)	10 mcg	†
Inositol (as inositol)	50 mg	†

<b>Proprietary Blend</b>	2600 mg	†
Taurine, D-Ribose, Schizandra Fruit, Apple Cider Vinegar, Korean Ginseng Root, Rhodiola Root.		

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Water, Fructose, Natural Flavoring, Xanthan Gum, Guar Gum, Sodium Benzoate.

**US Warning:** Pregnant or lactating women, persons with known medical conditions or taking medications should consult their physician prior to using this product. Not intended for children.

**SG Warning:** Pregnant or lactating women, persons with known medical conditions, or taking medications should consult their physician prior to using this product. Not intended for children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Products shown may not be available in every location and where available may be for personal use only. © 2009 Agel Enterprises, LLC

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