



The right vitamins and minerals for a healthy life. Which is why everyone should know about MIN. It doesn't contain too much or too little of these essential nutrients, but just the exact daily amounts you need to help you overcome the impact of highly processed foods and unhealthy eating habits.

Good nutrients are hard to find.

These days, most of us get our calories not from food, but from food product—highly processed and refined meals and snacks that are much more about convenience than good nutrition. These food products are usually high in sugars and fats but low in vitamins and minerals. This has led to many of us being deprived of the nutrients that make us feel better, that keep our bodies functioning properly, and that allow us to perform at our best.

The right vitamins and minerals in the right amount.

MIN gives you the exact amounts of the essential vitamins you need everyday. It provides 100% of the recommended daily intake of 12 essential vitamins and up to 75% of 10 essential minerals. Sure, there are plenty of megadose supplements available, but many of their nutrients may not be absorbable. Even worse, huge doses of some vitamins and minerals can be toxic.

Nothing hard to swallow about it.

Besides providing the right amount of nutrients, MIN uses the revolutionary Suspension Gel Technology to maximize absorption. So if you'd like to minimize the waste and maximize your vitamins and minerals, MIN is the supplement for you. Better yet, it provides this essential nutrition in a great-tasting form that's easy to swallow, simple to take with you, and sweetened by nature's own sugar, fructose.*

agel™

For more information on Agel™ MIN, including benefits and supplement facts, go to www.agel.com.

Supplement Facts

Serving Size: 1 Packet (21g)

	Amount Per Serving	% Daily Value**
Calories	35	
Total Carbohydrates	8 g	3%
Sugars	6 g	†
Vitamin A (as beta carotene)	5,000 IU	100%
Vitamin C (as acerola cherry)	60 mg	100%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as mixed tocopherols)	30 IU	100%
Thiamin (as thiamin hydrochloride)	1.5 mg	100%
Riboflavin (as riboflavin)	1.7 mg	100%
Vitamin B ₃ (as niacinamide)	20 mg	100%
Vitamin B ₆ (as pyridoxine hydrochloride)	2.0 mg	100%
Folate (as folic acid)	400 µg	100%
Vitamin B ₁₂ (as cyanocobalamin)	6.0 µg	100%
Biotin (as biotin)	300 µg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Calcium (as calcium citrate, calcium phosphate, calcium pantothenate)	150 mg	15%
Phosphorus (as calcium phosphate)	100 mg	10%
Iodine (as potassium iodide)	75 µg	50%
Magnesium (as magnesium citrate)	40 mg	10%
Zinc (as zinc citrate)	1.5 mg	10%
Selenium (as selenomethionine)	14 µg	20%
Copper (as copper citrate)	.5 mg	25%
Manganese (as manganese citrate)	1.0 mg	50%
Chromium (as chromium polynicotinate)	60 µg	50%
Molybdenum (as sodium molybdate)	37.5 µg	50%
Vanadium (as vanadium citrate)	5 µg	†
Inositol (as inositol)	100 mg	†
Apple Cider Vinegar	400 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Water, Fructose, Citric Acid, Natural Flavoring, Guar Gum, Xanthan Gum, Sodium Benzoate.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Products shown may not be available in every location and where available may be for personal use only.

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